



Working Well with a Disability

Mondays
From
10:00 am
to Noon

⇒ Maintaining a Balance

⇒ Self Advocacy

⇒ Managing Stress

⇒ Life Balance

⇒ Life Values

September
11th
Thru
October 30th



For Information or to Sign Up

Contact Brent
(406)294-5189
brentm@lifft.org

Job Service Building
2121 Rosebud Drive
Billings MT, 59102